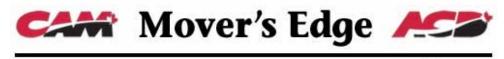
CAM News & Updates - December 20, 2017



CANADIAN ASSOCIATION OF MOVERS • ASSOCIATION CANADIENNE DES DÉMÉNAGEURS



The board of directors and staff of the

Canadian Association of Movers wish you, your staff and

your families all the best for a happy holiday season

and success in 2018.

CAM's holiday hours

The Canadian Association of Movers' office will be closed during the holidays, **from noon on Friday, December 22 and until 9 AM on Tuesday, January 2, 2018** (Eastern time). During that time we will have limited access to voicemail and email.

INSIDE:

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Visit Our Website!

CFIB and CAM

The Canadian Federation of Independent Business (CFIB) has informed CAM that our current 2013 agreement with them is in the process of winding down. CFIB are working on a new "Association" program which CAM will be invited to participate in. Details will not be available for several months. In the meantime, CFIB members will be contacted by their rep to renew under CFIB's standard rates. If you have any concerns, please feel free to contact Nancy Irvine.



Friday, September 14, 2018

Annual Golf Tournament at Lionhead Golf Club, Brampton ON

Sunday-Tuesday, November 18-20, 2018

Annual Conference & Trade Show at the Crowne Plaza in Niagara Falls ON

Used vaults for sale

Armstrong Moving in Mississauga ON is selling used household goods storage vaults. Visit our website for details.

Job opportunities

If you are looking for a change, check out our job opportunities on our website. Find out if there's an opportunity that interests you.

6 Speed safety tips

If you're like most truck drivers, you've noticed big changes in speed limits lately. Read more in **Penske**'s latest *Safety Bulletin*, <u>6 Speed Safety Tips</u>.

Don't forget to Like Us!

As CAM begins and grows its social media, it's so important for us to gain likes and followers to help get "noticed". So check us out:



<u>Facebook</u> <u>LinkedIn</u> <u>Instagram</u> <u>Twitter</u>

Canadian Association of Movers





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Safety Bulletin

6 Speed Safety Tips

If you're like most truck drivers, you've noticed big changes in speed limits lately.

In some states, freeway speed limits for passenger cars can rise as high as 80 mph. Other states hold the line at 65 mph.

Yet for large trucks, agencies like the National Highway
Traffic Safety Administration (NHTSA) and the Federal Motor
Carrier Safety Administration (FMCSA) are proposing mandatory
speed limiters. They recommended truck speed limits of 60, 65 or
68 mph. While their mandate is on hold right now, speed remains a
hot topic.



And no wonder. Speeding took three of the top 20 positions on the FMCSA's list of 2016 driver violations. And in 2015, "speeding of any kind" was the most frequent driver-related crash factor in fatal truck crashes.

The bottom line: driving at a "safe speed" gets confusing these days. So use these 6 general rules to stay safe:

- **1. Keep it under 65 mph.** Groups like the American Trucking Association believe that driving 65 mph or slower will improve safety, save on fuel and save on truck repairs.
- **2. Keep your distance.** Leave a distance of at least 5 seconds between you and the car or truck in front of you when you're driving over 40 mph. Double that distance when driving in bad weather.
- **3. Slow down for bad weather.** If you hit a rain shower, reduce your speed by one-third. So, if you're driving at 65 mph in dry weather, slow down to about 45 mph when the roads turn wet. If you hit snow-packed roads, reduce your speed by one-half.
- **4. Stay alert when crossing state lines.** Each state sets its own truck speed limit. So when you hit that state line, watch for the signs and make sure you're following that state's laws. It can save you from a potentially costly violation.
- **5. Be extra careful in work zones.** Reduce your speed to the posted work zone limit, merge well ahead of lane closures, and be prepared to slow down or stop suddenly.
- **6. Keep lane-changing to a minimum.** It's a good way to stay safe on freeways with significantly higher passenger car speed limits.

